

Telemedicine Appointments

Nurse Practitioner Chris Kallander works as an Integrative/Functional Telemedicine consultant in conjunction with your current health care team and is not considered a replacement for your primary care provider (PCP).

BHRT & Integrative Wellness requires all patients, that are not able to meet with Chris in-person, to have a (PCP) to cover emergencies and routine care and screening.

BHRT & Integrative Wellness requires a once yearly note that includes a physical exam from the PCP faxed, mailed, or file transferred to her from the Telemedicine platform.

BHRT & Integrative Wellness does not bill insurance for out-of-state patients.

In order to proceed with a Telemedicine appointment, you will need to have access to a robust internet connection, have a microphone and camera on your device, and be able to provide a temperature, blood pressure reading and pulse rate the day of any appointment.

Be advised: Your state may not allow nurse practitioners to evaluate you or prescribe medications for you.